

Welcome to Three Brooks Local Nature Reserve

Run England Route



What is ?

3-2-1 is a Run England project which aims to provide a range of marked out running or jogging routes across the country, so anyone can have a go. It is a way of providing a meaningful challenge to help more people get running when it best suits them.

Here at the Three Brooks local nature reserve we have a 3km course and have installed posts at 500m intervals for you to use. The map on this sign shows the location of the posts and what they signify. The marker disc on each post shows you the distance around the 3km route. Use all or part of the course as you feel you want to.

Three Brooks Local Nature Reserve

The Three Brooks Local Nature Reserve is the largest area of open space in Bradley Stoke. It is a green oasis for both local people and wildlife. The reserve has many different habitats to explore and plenty to see.

To find out more visit www.three-brooks.info

A few polite notices

The Three Brooks local nature reserve is open to everyone.

Please give way to other users, even if it prevents you getting a personal best or hinders your training. There is always a next time!

Dispose of all litter in the bins provided.



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