

### ■ **Womankind Bristol**

Provides women in the Bristol area with free or affordable professional counselling, psychotherapy and ongoing support.

0845 458 2914 / [www.womankindbristol.org.uk](http://www.womankindbristol.org.uk)

### ■ **North Bristol Advice Centre**

Provide free, professional, confidential advice, information and representation to the communities of North Bristol and South Gloucestershire. We hold weekly drop-in sessions on: 10:00am – 12:00pm at Patchway One Stop Shop, for general welfare benefits and general advice and 2:00pm – 4:30pm at Filton Library.

No appointment is needed. Phone and online advice available at 0117 951 5751 and [team@northbristoladvice.org.uk](mailto:team@northbristoladvice.org.uk)  
Further information is available at [www.northbristoladvice.org.uk](http://www.northbristoladvice.org.uk)

## Services

### ■ **Job Centre Plus**

Provides support to obtain a job and benefits advice.

0345 6043719

[www.gov.uk/contact-jobcentre-plus](http://www.gov.uk/contact-jobcentre-plus)

### ■ **Library services**

Filton Library provide free internet access

### ■ **Bristol Centre for Sustainable Energy – fuel poverty advice**

3 St Peter's Court, Bedminster Parade, Bristol BS3 4AQ

0117 9341400

### ■ **Carers Support Centre**

Vassall Centre, Gill Avenue, Fishponds, Bristol BS16 2QQ 0117 9392562

### ■ **Citizens Advice Bureau**

Monday's 4.30-6.30, Tuesday's 10-3pm and Friday's 10-1pm

03444 111 444 / [www.southgloscab.org.uk](http://www.southgloscab.org.uk)

Kennedy Way, Yate, South Gloucestershire BS37 4DQ

### ■ **Housing & Support Access Service**

[www.southglos.gov.uk](http://www.southglos.gov.uk)

Short term at-home housing support for those at risk of homelessness. Includes bidding for properties shown on line on Fridays. Bids can be placed on line, by phone or in the One Stop shop.

### ■ **Lunch Club Patchway Community Centre**

Every Wednesday's 01454 868549

Patchway Community Centre, Rodway Road, Patchway, Bristol BS34 5PF

### ■ **Patchway Children's Centre**

Providing support to families with children. Epney Close, Patchway 01454 864146

### ■ **Pennywise / Cashpoint**

phone email, online, referral, debt, budgeting 0117 3178800 / [cashpoint@1625jp.co.uk](mailto:cashpoint@1625jp.co.uk)

### ■ **Southern Brooks Community Partnership**

Offering a wide range of support services and learning opportunities.

Coniston Community Centre, The Parade, Coniston Road, Patchway BS34 5LP

01454 868570 / [www.southernbrooks.org.uk](http://www.southernbrooks.org.uk)

### ■ **Wellaware**

Information on health and wellbeing services, support organisations, activities and groups in Bristol, South Gloucestershire, Bath & North East Somerset, North Somerset and Somerset [www.wellaware.org.uk](http://www.wellaware.org.uk)

# Filton North Bristol

# Food Bank

**A food bank is a charitable organization that distributes food to those who have difficulty purchasing enough food to avoid hunger.**

**Emergency food is available for local communities in short term crisis of food supply at Revive Charity Shop, 555/557 Filton Avenue, Filton, BS7 0QH (North Bristol Food Bank), every Wednesday 1:00pm – 3:00pm. Vouchers are available from Patchway One Stop Shop, Southern Brooks Community Partnership, Health Visitors, Schools, Merlin Housing, Knightstone Housing, Citizens Advice and Support Workers.**



If you have any questions email  
[info@northbristolfoodbank.org.uk](mailto:info@northbristolfoodbank.org.uk)

South Gloucestershire Council Welfare Grant  
Scheme 01454 868002

You may be able to get some help if you are:

- in a crisis
- in an emergency
- in receipt of certain benefits
- are on a very low income,
- live in South Gloucestershire
- looking for a home in South Gloucestershire

For more information visit

[www.southglos.gov.uk/advice-and-benefits/welfare-rights-and-financial-advice/welfare-grant-scheme/](http://www.southglos.gov.uk/advice-and-benefits/welfare-rights-and-financial-advice/welfare-grant-scheme/)

## One Stop Shops

There are four One Stop Shops in South Gloucestershire, the One Stop Shops can help you with advice on:

- housing and council tax benefits
- homelessness and housing waiting lists
- housing services
- community care
- grants
- and much more

Contact us on 01454 868002 or for more information visit [www.southglos.gov.uk/council-and-democracy/customer-services/one-stop-shop-clinics-and-surgeries/](http://www.southglos.gov.uk/council-and-democracy/customer-services/one-stop-shop-clinics-and-surgeries/)

**The nearest One Stop Shop in Filton is Patchway One Stop Shop:**

The Patchway Hub, Rodway Road, Patchway  
BS34 5PE

### Opening times:

- Monday to Wednesday 8.45am to 5.00pm,  
Thursday and Friday 8.45am to 4.30pm
- For emergencies outside of normal office hours,  
please call: 01454 868 009.

## Contact details

- **Barnados**  
Verona House, Filwood Road, Fishponds, Bristol,  
BS16 3RY  
0117 937 5500
- **British Redcross**  
Emergency support to people in crisis, refugee  
and asylum services, emergency support following  
house fires and displacement and home from  
hospital support - 35 Broad Street, Staple Hill,  
Bristol BS16 5LP 0117 9702810
- **Bristol Food /Soup Kitchens**  
60 Bath Road, Longwell Green, Bristol BS30 9DG  
0117 2033183 / [info@bristolsoupruntrust.org.uk](mailto:info@bristolsoupruntrust.org.uk)
- **Homeless UK**  
Helping search of emergency and short term  
accommodation and other relevant information  
[www.homelessuk.org](http://www.homelessuk.org)
- **Migrant Legal Project**  
Offers publicly funded and not-for-profit advice and  
representation. 108 Church Road, Bristol BS5 9LJ.  
0117 911 3393 / [www.immigrantlegalproject.com](http://www.immigrantlegalproject.com)
- **Refugee rights Bristol**  
Bristol Refugee Rights, Assisi Centre, Lawford's  
Gate, Bristol BS5 0RE 0117 9080844
- **Salvation Army**  
Staple Hill, Staple Hill Citadel Corps, Broad Street,  
Staple Hill, Bristol BS16 5LN  
0117 956 9733 / [contactus@staplehillcitadel.com](mailto:contactus@staplehillcitadel.com)

- **Shelter**  
New Bond House, Bond Street, Bristol BS2 8RG  
0344 5151414
- **South Gloucestershire Home Choice Team**  
Support on all aspects of homelessness, housing  
advice and allocation  
01454 868005 / [www.southglos.gov.uk](http://www.southglos.gov.uk)

## Useful numbers

- **ACAS**  
Help and advice for employees  
0300 123 1100 / [www.acas.org.uk](http://www.acas.org.uk)
- **Age UK South Gloucestershire**  
Provide support for older people.  
01454 411707  
[www.ageuk.org.uk/southgloucestershire](http://www.ageuk.org.uk/southgloucestershire)
- **Bristol Mind for better mental health**  
0117 980 0370 / [www.bristolmind.org.uk](http://www.bristolmind.org.uk)
- **Samaritans Freephone 116 123**  
Bristol branch 0117 980 0370  
[www.samaritans.org](http://www.samaritans.org)
- **South Gloucestershire Talking Therapies**  
self-referral to psychological therapies for support  
with low mood, anxiety and depression  
0117 378 4270 / <https://iapt-sglos.awp.nhs.uk>
- **Support for Domestic Abuse (Survive)**  
0117 961 2999 free 24hr national domestic violence  
helpline 0808 2000 247 / [info@survivedv.org.uk](mailto:info@survivedv.org.uk)
- **Support for Drug and Alcohol dependency (DHI)**  
01454 868750 or free from landline or call  
0800 0733011