

Getting enough food to eat

This list may be helpful if you or your family do not have enough food to eat. It may be helpful to voluntary and community groups too.

The list is in two parts, for people who:

- **Can afford to buy food but are unable to go shopping**
- **Cannot afford to buy food and are unable to go shopping**

The information included is to the best of our knowledge, correct at the time of writing. Please contact us by email with any corrections, additions and suggestions you would like to make.

Disclaimer of endorsement: This summary has been produced to support individuals and families during the COVID-19 situation. South Gloucestershire Council does not endorse any particular commercial product or service and must not be used for advertising or product endorsement purposes.

This document will be updated regularly as and when new information becomes available.

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This version **v5: 5 Oct 2020**

Can afford to buy food but are unable to go shopping

1. [Aldi Food Parcel](#) (link)

- Online order £19.99 free delivery with code: foodparcel
- Filled with 21 everyday foods and essential household items, the filled box weighs approximately 14kg, please consider this when ordering
- Aim to deliver Food Parcels within 2-3 working days

2. [Amazon Grocery](#) (link)

- Need to be an Amazon Prime member
- Delivery within 40 minutes of Cribbs Causeway

3. [Arthur David](#) (link)

- Delivery to all BS and BA postcodes
- Order before 2pm for free next day delivery Tuesday – Saturday
- Minimum spend £25

4. [Asda Food Boxes](#) (link)

- Includes food box bundle (£39), fruit and veg (£17) and mealtime box (£25)
- Free delivery

Public Health and Wellbeing Division

Department of Children Adults and Health, South Gloucestershire Council

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5. [Asda cashless Volunteer Shopping Card](#) (link)

- The card provides a contactless and secure way enabling family/friends/volunteers to shop on someone's behalf. No bank or credit card details are exchanged with the volunteer, no cash is handled
- The card can be bought online and then emailed to the volunteer or printed out and left in a safe place for the volunteer to collect
- The volunteer uses the card in-store (by simply scanning the barcode) and can leave the shopping in a safe place for the individual. Any money left on the card can be used in the future and the card can be 'topped-up' as necessary

6. [Community meals](#) (link) (formerly known as Meals on Wheels)

- Traditional, freshly prepared hot lunches delivered to people in their own homes
- Breakfast and tea/light supper options available, delivered with the hot meal
- Can be ordered as frequently as needed
- Delivery service seven days a week, 365 days, welfare checks with all deliveries
- £5.32 for 2 course hot meal, breakfast available from £2.00
- Phone 01454 865996, Friday 8.30 am – 2.30 pm, voicemail outside of these hours
- email: meals.community@southglos.gov.uk

7. [Iceland delivery](#) (link)

- Free next day delivery when you spend £35 online

8. [Jimmy Deane's Fruit, Veg and Salad](#) (link)

- Online shop, free delivery. Minimum order of £10.00 applies.
- Delivering every Monday, Wednesday & Friday to all of BS37, BS36, Frenchay, Hambrook, Stoke Gifford, Little Stoke, Bradley Stoke, Emersons Green, Lyde Green, Downend, Wick, Pucklechurch and Wickwar. Orders placed after 6pm Friday will be delivered on Monday.
- Thursday delivery only to Thornbury, Hawkesbury Upton, Hillesley, Kingswood (GL12), Wotton, Charfield, Dyrham, Cam & Dursley, Rockhampton, Stone, Tythrington, Olveston, Old Down, Alveston, Tockington, Almondsbury and Tresham
- Home deliveries phone: 07495 518832 email: jimmydeanesfruitveg@outlook.com

9. [Juice Community Project](#) (link)

- Help with shopping, prescription pick-ups and emergency food parcels
- 50-60 Newton road, Cadbury Heath, phone 01454 302302

10. [Marks and Spencer and Ocado](#) (link)

- Marks and Spencer have stopped selling their food boxes but their food products are now available online at Ocado

11. [Morrisons Doorstep Delivery Service](#) (link)

- For people who are elderly, vulnerable, unable to get to the shops, isolating or shielding and elderly people living within 10 miles of a Morrisons store.
- Order from an 'Essential list', there is a limit of three per item
- Contactless card payments only to delivery driver, if this isn't possible chip and pin card payments are available but no cash payments accepted
- Phone 0345 611 6111 and select option 5 to order
- For any order placed before 5pm they will get your delivery to you the next day.

12. [Morrisons Food Boxes](#) (link)

- Boxes include 'meat essentials', 'vegetarian essentials' and '[gluten free food](#)'
- Each box has 20+ items and cost £22-£35.00 + £5 delivery
- Delivered by DPD, will send confirmation and tracking number
- Gluten free box includes items below, or comparable items: semi-skimmed milk, cheddar cheese, carrots, onions, potatoes, peppers, passata, chopped tomatoes, basmati rice, sausages, chicken fillets, minced beef..... Morrisons **Free From** digestives, crackers, cornflakes, fusilli, chocolate oat breakfast biscuits, **GF** bread, brioche burger buns, vegetable stock cubes, cheese sauce mix, veggie straws,

13. [Ocado](#) (link)

- You can register for an Ocado account but new customers won't be able to shop just yet and need to wait for notification by email when a delivery slot is available.

14. [Oakhouse Foods](#) (link)

- Choice of 400 dishes, delivered to people in their own homes
- Phone: 0333 370 6700 for more details and to request a brochure

15. [Sainsbury's](#) (link)

- Phone 0800 328 1700, Monday – Sunday, 8.00 am – 11.00 pm.

16. [Sainsbury's cashless Volunteer Shopping Card](#) (link)

- A secure way to allow family/friends/volunteers to shop on someone's behalf
- Available to buy in any amount from £5 minimum up to the maximum value of £250

- For Voucher Express email Sainsburys@voucherexpress.net or phone customer services on 0371 200 1597

17. [Spar \(link\)](#)

- Stores in Frenchay, Mangotsfield, Pucklechurch, Warmley
- Some home delivery but not yet for South Gloucestershire

18. [Tesco Delivery Saver \(link\)](#)

- Delivery Saver is a subscription-based delivery service, helping to reduce the cost of home deliveries. £7.99 a month or £47.94 one-off payment for a 6 month contract
- For deliveries, the price is £4.50. Tesco call this a 'pick, pack and deliver' charge, for Click +Collect, delivery is £1.50 to cover the 'pick and pack' charge
- A £4 minimum basket charge is added to home delivery orders at checkout where the basket value is under the £40 minimum, no charge if it's over £40

19. [Total Produce \(Bristol\)](#)

- Box scheme (fruit, vegetables, milk, eggs, dry goods etc.) for home delivery or larger quantities for catering
- Phone: 0117 3007530
- email: tpbristolsales@totalproduce.com
- Also teamed up with [Food to your home](#), delivering soon to South Glos.

20. [Wiltshire Farm Foods \(link\)](#)

- Choice of 300 dishes, delivered by local drivers, phone: 0800 066 2462
- Can order as often or as little as you like, there's no contract

21. [Map: Independent retailers and producers offering local delivery service during lockdown \(Bristol & South Glos.\) \(link\)](#)

Cannot afford to buy food and are unable to go shopping

1. [Food Club Community Fridge – Patchway/Charlton Hayes](#)

- Food club is an informal partnership between Family Action, Fareshare and Southern Brooks Community Partnership
- Members join for £1/year and then purchase food each week for £3.50/ bag (equivalent to £10 - £15 of food)
- Each club can have up to 50 members a week receiving food
- Members need to live in Patchway / Charlton Hayes
- Phone 0333 5774666 or email communitysupport@southernbrooks.org.uk

2. **Community Fridge Cranleigh Court Hub, Tyndale Avenue Yate**

- Every Monday 2 - 4 and every Thursday 10.00 – 12 noon
- Surplus food is collected from local supermarkets and available for residents to collect
- email Katie, katiehanning@southernbrooks.org.uk or phone 07971744846

3. **Community Fridge at Café Church Bristol** (previously called Amberley Rd. Baptist Church, Stoke Lodge, BS34 6BU)

- Open for everyone to use, 5 items per person
- Open Mon, Tues, Thurs, Fri 9.30 – 5.00 pm, Wed 9.30 – 8.00 pm, Sun 10.00 – 1.00 pm
- Check the [Facebook page](#) for delivery updates when the fridge is open

4. **Foodbanks** (link)

- Extensive information on the webpage.

5. **Juice Community Project** (link)

- Help with emergency food parcels (and shopping, prescription pick-ups)
- No referral needed, encouraging people to go to them
- 50-60 Newton Road, Cadbury Heath, phone 01454 302302

6. **Welfare Grant Scheme: Supermarket vouchers (local welfare provision scheme)** (link)

- The Welfare Grant Scheme doesn't provide cash or loans, but can help with basic essentials.
- Applications to the Welfare team, phone 01454 868899, 8.45 am – 2:00 pm
- Grants are made with Tesco vouchers and Allpay prepaid cards (blank cards on which money is loaded)
- Applications for food, gas/electricity, baby formula and nappies are processed within 2 working days
- Applications for essential goods are processed within 5 working days

Buying larger quantities in bulk

1. **Bidfood** (link)

- Wide range of products
- £100 minimum order for delivery, no minimum for click and collect
- Works in conjunction with Brakes who do most deliveries in South Gloucestershire
- Bidfood don't have a contact number for residents though there is a customer service number on their website.

2. [Brakes Food Shop](#) (link)

- Caters for food service businesses, so packs are larger, good for sharing or making community meals in bulk, minimum order value for home delivery is £75, no delivery charge
- Call & Collect service is available from Portbury depot
- Phone 0344 412 9985 for more information

3. [Total produce](#)

- Larger quantities for catering (fruit, vegetables, cheese, dairy, eggs, dry goods) that can be made up into food parcels
- Phone 0117 3007530, email: tpbristolsales@totalproduce.com

Miscellaneous

[Access and Response Team](#)

- Families with a child(ren) experiencing hardship who do not already have a key worker may also be eligible for support
- Phone 01454 866000 or email AccessandResponse@southglos.gov.uk,

[Free School Meals guidance](#) (link)

- This Department of Education guidance is updated regularly

[Healthy Start](#) (link)

- Food and vitamin vouchers mailed directly to eligible families
- Food vouchers can only use in store, not online
- Families will have vitamins posted to them
- Vitamin requests to healthylifestyles@southglos.gov.uk or phone 01454 864005.